



WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌾 Served with Potato Wedges	Roasted Cauliflower, Sweet Potato and Chickpea Masala 🌱 🌾 🍷 Served with Wholegrain Rice	Vegetable Pastry Roll 🌱 Served with Mashed Potato and Gravy	Vegetarian Bolognese 🌱 🍷 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Stir Fried Vegetable Rice 🌱 🍷 🍷	Chicken and Vegetable Korma 🍷 🍷 Served with Wholegrain Rice	Chicken, Vegetable and Mash Pie 🍷 Served with Gravy	Beef Bolognese 🍷 🍷 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
DESSERT	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾					
All main meals are served with two vegetables					
DESSERT	Yoghurt and Fruit	Yoghurt and Fruit	Yoghurt and Fruit	Yoghurt and Fruit	Vanilla Ice Cream

PACKED LUNCH AVAILABLE
Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain
🍏 Fruity! 🍷 Nutritionist's Choice 🇸🇰 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 2

W/C: 06/11, 27/11, 18/12, 25/12, 08/01, 29/01, 19/02, 11/03, 01/04

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Macaroni Cheese	Cheesy Leek and Carrot Crumble Served with Roast Potatoes and Gravy	Vegetarian Lasagne Served with Garlic and Herb Bread	Crispy Quorn Nuggets Served with Chips
JACKET POTATO	Vegetarian Cottage Pie Served with Gravy	Sweet and Sour Chicken Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Lamb Bolognese Served with Wholewheat Pasta	Breaded Fish Fingers Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Yoghurt and Fruit	Yoghurt and Fruit	Yoghurt and Fruit	Yoghurt and Fruit	Orange Drizzle with Fruit

PACKED LUNCH AVAILABLE
Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03, 08/04

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Macaroni Cheese	Sweet Potato and Chickpea Roast Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables Served with Wholegrain Rice	Crispy Quorn Nuggets Served with Chips
JACKET POTATO	Sweet Potato Curry Served with Wholegrain Rice	Cottage Pie Served with Gravy	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Yoghurt and Fruit	Yoghurt and Fruit	Yoghurt and Fruit	Yoghurt and Fruit	Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH AVAILABLE
Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.